





| TO: | Hon Grant Robertson, Minister for Sport and Recreation |
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| | Hon Chris Hipkins, Minister of Education and Health |
| | Hon Jenny Salesa, Associate Minister of Health and Education. |
| DATE: | 13 July 2020 |
| SUBJECT: | Healthy Active Learning - Progress Report, June 2020 |
| FROM: | Jim Ellis, Manager Expertise and Capability, Sport New Zealand Julie Morrison, GM Strategy, Policy and Corporate, Sport New Zealand Deborah Woodley, Deputy Director-General, Population Health and Prevention, Ministry of Health Julie O'Toole, Group Manager, Strategy & Implementation, Ministry of Education. |
| SENSITIVITY: | In confidence |

Purpose of Report

1. This report provides an update to Ministers on the implementation of Healthy Active Learning, as of 18 May 2020. This joint Health, Education and Sport and Recreation package will support schools, kura and early learning services to improve the wellbeing of tamariki through healthy eating and drinking, and quality physical activity.

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17/06/2020

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Context

- 2. This report includes updates from each agency on activity since December 2019. Sport New Zealand Ihi Aotearoa (Sport NZ) and the Ministries of Health and Education continue to work collaboratively to ensure a coordinated approach to the implementation of Healthy Active Learning.
- 3. Regional cross agency steering groups are being established in regions where the physical activity workforce is being employed. They will provide coordination and support to all components of Healthy Active Learning.

Covid-19 Impacts

- 4. The initiative continues to be funded as confirmed in Budget 2019. The agencies have been working together with regional partners and education providers to best position Healthy Active Learning into school planning following COVID-19 lockdown.
- 5. The restrictions in place to prevent the spread of COVID-19 (including the closure of schools and early learning centres) have resulted in a minor delay in the implementation of the initiative. This is directly due to school closures and the related disruptions being felt by school principals and early learning service leaders.
- 6. Agencies are working together to ensure the initiative is agile and responsive to the changing needs of schools, early learning services and tamariki.

Marketing and Communications

- 7. Sport NZ has developed a strategic marketing and communications plan and are now working on various components to complement it. The aim of the plan is to ensure all partners and stakeholders have access to information they can engage with and understand.
- 8. The planned launch event of Healthy Active Learning was postponed due to COVID-19. We anticipate another event may be possible in the near future.

Health and Physical Education and Hauora Curriculum Resources

- 9. The updated curriculum resources will help primary and intermediate school and kura teachers and kaiako to understand the core concepts of the Physical Education and Hauora initiatives. Further details about these resources are provided in Appendix 3.
- 10. The Hauora curriculum resources will be developed in Te Reo Māori and will be available on Kauwhata Reo from July 2020.
- 11. The Health and Physical Education resource has been completed by Physical Education New Zealand (PENZ) and is under review by the Ministry of Education. The resource is module-based and will be accessible in July 2020 on the PENZ and Sport NZ websites.

Toolkits and Guidance

- 12. The Ministry of Health leads the work to improve the nutrition environment in education settings. This work includes reviewing and updating nutrition advice to English and Māori early learning services, schools and kura through the Healthy Food and Drink Guidance (the Guidance).
- 13. CORE Education are in phase four of toolkit development, which includes focus group testing. This work has included consultation with representatives from schools and early learning services

- to ensure the toolkits are fit for purpose. Due to the COVID-19 restrictions on movement and interactions, the toolkit completion date has been extended to October 2020.
- 14. The Guidance has been finalised following public consultation and is published on the Ministry of Health website with links to the Ministry of Education website.
- 15. The Ministry of Health is working closely with the Ministry of Education to support implementing the Guidance across the Free and Healthy School Lunch programme.

Health Promotion Workforce

- 16. The Ministry of Health has contracted Public Health Units (PHUs) to deliver services to enable schools and early learning services to create a healthy food environment through adopting and implementing healthy food and drink policies. Funding has been fully devolved to Public Health Units with each employing at least one full time equivalent health promoter (15 FTE).
- 17. The health promotion workforce will provide technical nutrition expertise to support the physical activity workforce across the regions to create supportive environments.
- 18. An equity approach is being taken to determine which schools and early learning services will receive support from the workforce. They will also connect with other relevant health and education providers in their region.
- 19. The Ministry of Health held a national hui in February 2020 for the health promotion and physical activity workforce. This provided training, networking and the opportunity for the group to hear about Minister Salesa's vision for healthy education environments.
- 20. Many PHUs have been redeployed to support the COVID-19 response. This has meant that all non-urgent work has been put on hold. While some teams have begun to transition out of COVID-19 response work and back to business as usual, the pace at which this will happen will vary between Public Health Units across the country.

Active Component - Sport New Zealand

- 21. Sport NZ, through investing into the Regional Sport Trusts (RSTs) network, will support 300 schools and kura from 2020 2022 to implement Phase One of the initiative.
- 22. Healthy Active Learning remains a priority initiative for Sport NZ and its partners and is progressing well. Sport NZ is encouraging and supporting its delivery partners (RSTs) to focus on innovative ways to continue to support tamariki, schools and their wider communities.
- 23. Since January 2020, RSTs, with the support of Public Health Units and Regional Education Offices, have been engaging with schools and kura to sign Memoranda of Understanding and co-design support plans with school leaders. The number of schools engaged and that signalled interest to receive support through the initiative is reflected in the below table. This number remains unchanged since the onset of COVID-19.

The table below reflects the school and kura engagement and workforce recruitment as of February 2020. (Note: approximately 78% of schools identified fall within deciles 1 - 4).

| Workforce and school engagement | | | | |
|--|-------------------|-------------------|-----------------|---------------------------|
| RST | Regional Leads | Advisors employed | Advisors vacant | Number of schools engaged |
| Aktive Sport and Recreation (Auckland) | 1 | 9 | 1 | 101 |
| Sport Bay of Plenty | 1 | 4 | 0 | 46 |
| Sport Canterbury | 1 | 3 | 0 | 30 |
| Sport Gisborne Tairawhiti | 1 | 3 | 0 | 28 |
| Sport Northland | 1 | 4 | 0 | 40 |
| Sport Southland | 1 | 0 | 2 | 21 |
| Sport Wellington | 1 | 4 | 0 | 41 |
| TOTAL | 7 | 27 | 3 | 307 |

24. Professional development for the physical activity workforce continues and has been adapted and moved online. Learning opportunities continue to be provided weekly via webinars and digital conferencing. The physical activity workforce has been using these platforms to share and develop ways to engage with schools and support healthy and active school environments.

Tapuwaekura Pilot Project

- 25. A cross agency Tapuwaekura Leadership Group was established in August 2019 to ensure Healthy Active Learning delivers equitable outcomes for tamariki and rangatahi in Māori medium education settings (kura). The subsidiary Tapuwaekura Design Group consisting of Māori leaders within the Health and Education sectors, He Oranga Poutama Kaiwhakahaere, and Kaiako was then established with the purpose of designing a support package that holds relevance and meaning for kaiako and kura.
- 26. This delivery model will test and review the Atua Matua approach in transforming lifestyle changes in quality physical activity and healthy eating into approximately 13 kura in 2020 2021, with a view to scale this approach across Level 1 3 Māori medium settings in 2021 2023. This is now referred to as the Tapuwaekura Pilot Project.
- 27. Following a request for proposal (RFP) process, Ngā Pākura has been selected as the preferred provider to lead, manage and implement the Tapuwaekura Pilot Project and we are finalising the contract for services. Further details can be provided by Sport NZ on request.

Monitoring and Evaluation

- 28. The plan for the evaluation of Healthy Active Learning is currently being adapted to reflect the impact of the COVID-19 pandemic. Whilst the overall purpose and objectives of the evaluation remain the same, there will be changes to timelines and deliverables. It should be noted that the Health component of the evaluation plan will be finalised at a slightly later date.
- 29. Data collection will now begin in late Term 3 or early Term 4 2020 (September/October 2020) and first baseline reporting early in 2021.
- 30. The evaluation will be cognisant of the environment and will adapt where necessary. However, if New Zealand moves Alert Levels and/or further COVID-19 restrictions are implemented, a review of the evaluation and the design will take place accordingly.

Evaluation of Tapuwaekura Pilot Project

- 31. Sport NZ is a seeking a provider to evaluate the Tapuwaekura Pilot Project (2020-2021). The RFP was sent out for the tender at the end of May with the aim of having an evaluation provider appointed by the end of June 2020.
- 32. The RFP relates to the purchase of services to evaluate the Tapuwaekura Pilot (not roll- out). The objectives of the evaluation are to understand:
 - a. what is important when implementing the Tapuwaekura Pilot;
 - b. what difference is the Tapuwaekura Pilot making; and
 - c. what things might be important to consider if the Tapuwaekura Pilot is to be scaled up.

Next steps

33. The Steering Group will provide the next quarterly progress report to you in September 2020 to include updates on implementation progress.

Proactive Release

34. We recommend that this report be proactively released by each agency following your consideration.

Agree / Disagree

Annexes

Annex 1: Expenditure

Annex 2: Ministry of Education curriculum resources

Annex 3: Implementation dashboard

Annex 1: Expenditure

Please find below the funding approved at Budget and expenditure across Vote Sport and Recreation, Vote Health and Vote Education on the initiative to date.

Funding Approved at Budget

| Vote Health; Operating (\$m) | 2019/20 | 2020/21 | 2022/23 & outyears |
|--|---------|---------|-----------------------|
| | 2.570 | | |
| Vote Education; Operating (\$m) | 2019/20 | 2020/21 | 2022/23 & outyears |
| | 0.707 | | |
| Vote Sport and Recreation; Operating (\$m) | 2019/20 | 2020/21 | 2022/23 & outyears |
| | 3.643 | | |

Expenditure to 31 March 2020

| Vote Health; Operating (\$m) | 2019/20 | 2020/21 | 2022/23 & outyears | Comments |
|--|---------|---------|--------------------|---|
| | 2.240 | 0 | 0 | All funds (apart from toolkits) have been devolved to public health units. |
| Vote Education; Operating (\$m) | 2019/20 | 2020/21 | 2022/23 & outyears | Comments |
| | 0.571 | 0 | 0 | |
| Vote Sport and Recreation; Operating (\$m) | 2019/20 | 2020/21 | 2022/23 & outyears | Comments |
| | 2.430 | 0 | 0 | Outputs include sector investment, sector training, monitoring and evaluation and departmental costs. |

Annex 2: Ministry of Education curriculum resources

The Health and Physical Education and Hauora resources will support quality delivery of the New Zealand Curriculum and Te Marautanga o Aotearoa.

| Resource | <u>Details</u> | | | | |
|--|--|--|--|--|--|
| Hauora resources | Integrated Hauora initiatives include a series of virtual tours that utilise the perspectives of the maramataka, te taiao, and an iwi centric perspective to showcase hauora from a holistic perspective in relation to Te Marautanga o Aotearoa. | | | | |
| | Water Safety NZ is developing a series of resources that are underpinned by the waipuna model for water safety in various domains. This model provides strengthened connection to wai and learners will be equipped with more resilience and competencies to enjoy lifelong safety in the water. | | | | |
| | Te Koronga is developing a habit tracker centred around the Te Whare Tapa Whā model. Teachers and kaiako will be able to use this resource to determine the health status of each tenet of Te Whare Tapa Whā for either the individual or the collective | | | | |
| Health and Physical Education curriculum | The Health and Physical Education curriculum resource for English medium schools and developed by Physical Education New Zealand is a module based resource focusing on the following topics. | | | | |
| | NZC Overview: HPE Understanding Hauora, Health and Wellbeing | | | | |
| resource | Connected Curriculum: Integrating HPE to other curriculum areas (Literacy / Digital/Science) | | | | |
| | Practical guide to gamification in Physical Education | | | | |
| | Improving gendered and cultural experiences in Physical and Outdoor Education | | | | |
| | Guide to teaching and assessing junior physical education through curriculum level rubrics | | | | |
| | Practical guide to teaching games for understanding (TGFU) | | | | |
| | Guide to Planning for Primary Physical Education | | | | |
| 0 | Guide to connecting place responsive pedagogies in primary schools | | | | |
| | The journey into Play and the role of the teacher. | | | | |

Annex 3: Implementation Dashboard

| Key | | |
|-----|---|---|
| • | On track. | Risks, if any, have been identified and mitigated effectively. |
| • | Behind scheduled timeframe for delivery. | There are some risks and/or external factors causing delay in delivery. |
| • | Unable to be delivered within a reasonable timeframe. | There is difficulty in mitigating risks and/or external pressures, causing significant delay in delivery. |

| Deliverable | Expected date (as of December 2019) | Status | Comment | Agency | |
|---|-------------------------------------|--------|--|-----------------------|--|
| HPE Curriculum resource available. | March 2020 | • | Resource has been submitted. | Ministry of Education | |
| Integrated Hauora Initiative resources available. | Term 1 2020 | • | Resources are currently being finalised. | Ministry of Education | |
| Healthy food and drink guidance available. | Term 1 2020 | • | This guidance has been published on the Ministry of Health's website. | Ministry of Health | |
| Deployment of Health Promotion workforce. | Term 1 2020 | | Many Public Health Units have been redeployed to support the Covid-19 response. While some teams have begun to transition back into business as usual projects, the pace at which this will happen will vary for Public Health Units across the country. | Ministry of Health | |
| Deployment of physical activity workforce. | Term 1 2020 | | Workforce has been recruited and were engaging with identified schools prior to the Covid-19 restrictions being introduced. | Sport NZ | |
| External provider guidance available. | Term 1-2 2020 | • | Scope of work is currently being finalised and a preferred provider to lead this has been engaged. | Ministry of Education | |
| Health promotion toolkits available. | 30 June 2020 | • | Due to the Covid-19 restrictions on movement and interactions, the toolkit completion date has been extended to October 2020. | Ministry of Health | |

| 300 schools and kura have been engaged with all components of Healthy Active Learning. | 30 June 2020 | • | Identified schools and kura in many instances remain fully engaged with the physical activity workforce. The full impact of Covid-19 and subsequent closure of schools is not yet clear. |
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